

Diagnosis of Beast in Beauty and the Beast

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Abnormal Psychology 204

Dr. Gail Hunter

Background

- Once a handsome prince
- Free
- Arrogant
- Popular
- Adored
- Well known



Background

- **Secluded**
- **Dark**
- **Lonely**
- **Feared**
- **Cursed**
- **Regretful**

Diagnosis

**Depression characterized
by violation of others'
rights.**

Loss of hope

Dependence on Others

Anger

Despair

Feelings of guilt

Codependency

Thoughts of death



View of Freud

“Greif Gone inward”

“Suffering comes from three quarters”



A Starting Place

. Suarez-Angelino explains “Being able to pinpoint and recognize the role that your unconscious mind plays in your everyday life will help make changes and create even more awareness on a conscious level

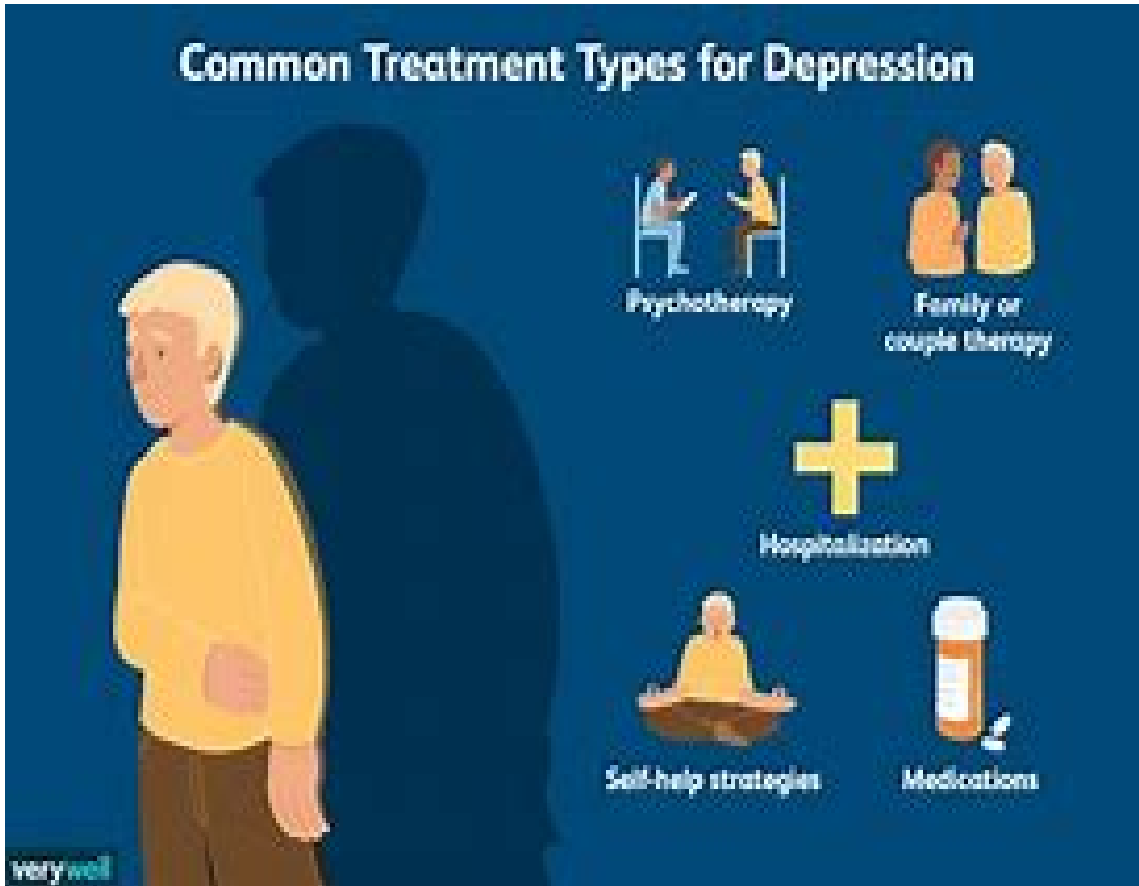


Signs



- Codependency
- Secluding self
- Taking out anger on those around you
- Misery likes company
- Would die willingly

Treatment



- **Set boundaries and expectations for sessions**
- **Individual therapy sessions twice a week to start**
- **Talk about Medication options**
- **Incorporate a plan for self care and self love (workout, positive affirmation's)**
- **Journaling**

Finding You

Giving yourself grace

**Being consistent with
therapy sessions**

Get needed rest

Know your limit

**Don't fill your plate with
so much that you aren't
affectively working
through issues**

**Find ways to make
yourself smile**



Citations

- Fundamentals of Psychological Disorders
Module 7 Anxiety Disorders
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- Goodreads.com Civilization
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Suarez-Angelino, Kaitlin
Vogel March 30,2022