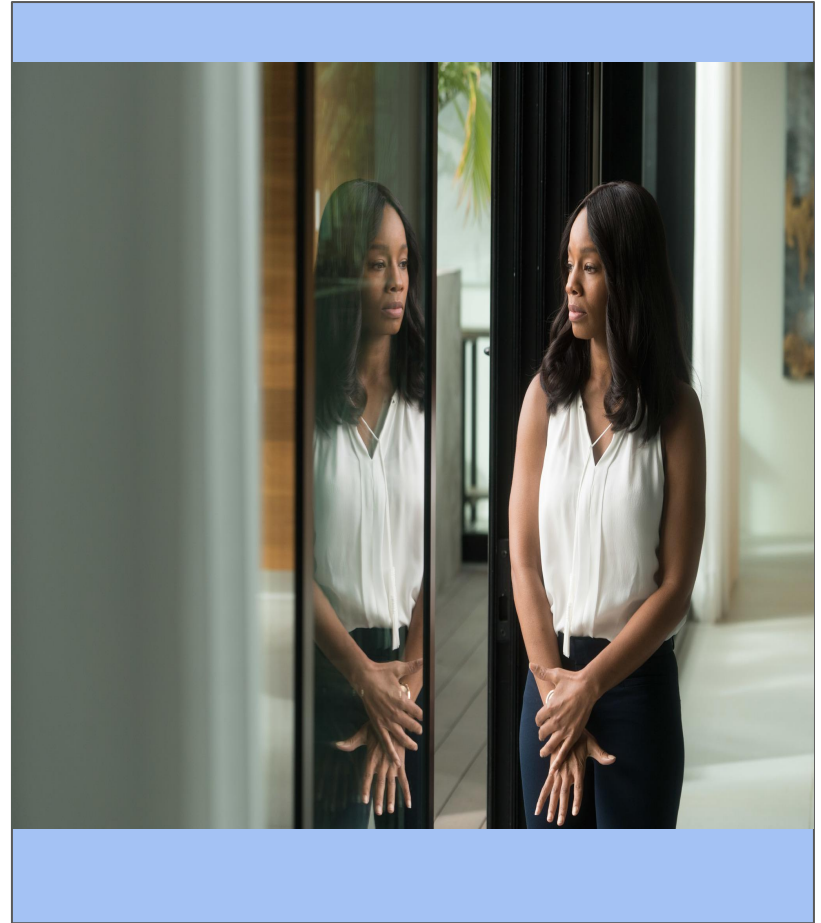


Everything, Everything

Diagnosis of Pauline Whitter (Mom)

Presentation by: Dy'Neesha Davis



Pauline Background/ Overview

- Bereavement Parent
- A Widow
- Doctor
- No Friends
- Keeps Maddy (daughter) inside



Symptoms

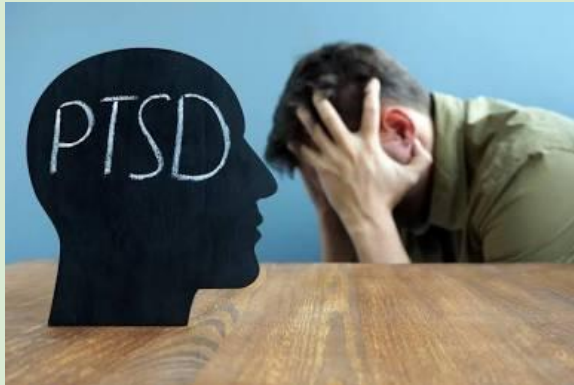
- Avoidance Stimuli- Activity
- Keeps daughter inside
- Lack friends
- Emotional numbness
- Holds negative views about life
- Doesn't talk about dad and son much

Diagnosis:

- Post Traumatic Stress Disorder (PTSD)
- Prolonged Grief Disorder

Post Traumatic Stress Disorder

Developing physiological, psychological, and emotional symptoms after experiencing traumatic events



- ❑ Exposed to actual death
- ❑ Learn about a person's death
- ❑ Flashbacks
- ❑ Activity Avoidance
- ❑ Reactive

Movie Clip Link

<https://www.tiktok.com/@florik.igorhala01/video/7369534560134057258?q=everything%20everything%20pauline%20and%20maddy&t=1745825448227>

Prolonged Grief DISORDER

Characterized Traits

- ❑ Emotional numbness
- ❑ Problems engaging with friends or pursuing interest
- ❑ Intense emotional pain
- ❑ Avoiding reminders the person has died



TREATMENT

PTSD

- ❑ Psychological Debriefing
- ❑ Exposure Therapy
- ❑ Cognitive Behavioral Therapy
- ❑ Trauma Focused-Cognitive Behavioral Therapy
- ❑ Eye Movement Desensitization and Reprocessing
- ❑ Psychopharmacological Treatment

PGD

- ❑ Cognitive Behavioral Therapy
- ❑ Complicated Grief Therapy
- ❑ Bereavement Support Groups

GUIDELINES FOR TREATING PTSD/PGD

- Cognitive Processing Therapy
- Prolonged Grief Therapy
- Trauma Focused Cognitive Behavioral Therapy
- Supportive Interventions
- Psychopharmacological Treatment

PAULINE'S TREATMENT PLAN

- Comprehensive Assessment
- Start meeting twice a week and hour each session
- Would prescribe tricyclic antidepressants
- Support intervention



REFERENCE

- ❑ <https://opentext.wsu.edu/abnormal-psych/chapter/module-5-trauma-and-stressor-related-disorders/>
- ❑ https://go.gale.com/ps/retrieve.do?tabID=T002&resultListType=RESULT_LIST&searchResultsType=SingleTab&retrievalId=db5434e2-6471-4bfa-bee6-bb5b6c424e5d&hitCount=582&searchType=BasicSearchForm¤tPosition=6&docId=GALE%7CA232744127&docType=Disease%2FDisorder+overview&sort=Relevance&contentSegment=ZONE-MOD1&prodId=AONE&pageNum=1&contentSet=GALE%7CA232744127&searchId=R2&userGroupName=bccc_main&inPS=true
- ❑ <https://www.psychiatry.org/patients-families/prolonged-grief-disorder>