

A BEAUTIFUL MIND

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Abnormal

Psychology PSY 204

CRN 1370

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A movie about a mathematician named John Forbes Nash, Jr.
It is an unauthorized biography by journalism professor Sylvia Nasar and published in 1998.

In 1944, Nash received the Nobel Prize for his work in game theory, but by the 1950s, his struggles with mental health began to manifest.

He was hospitalized and treated with insulin shock therapy (ICT) and antipsychotic drugs.



ICT is a procedure where an injection of insulin induced a coma, sometimes leading to seizures. This treatment was a common practice in the mid-20th century for schizophrenia.

I agreed with the antipsychotic drug treatment. I disapprove of the insulin shock therapy (ICT) that he received continuously and the electroconvulsive therapy (ECT) that he received twice and declined were inhuman.

My

DIAGNOSIS

My first diagnosis was Psychosocial Disorder because it crosses his diagnosis with DSM-5 of schizophrenia due to hallucinations and depression.

My second diagnosis was bipolar depression because he experienced moment of normal moods, and his depression mood mirrored that of a manic-depressive spectrum state caused by his mental illness and/or treatment received.

My

TREATMENT PLAN



Antipsychotic drug and Cognitive Behavior Therapy (CBT). CBT can be used to treat mood and anxiety disorders through exercise that may “improve brain health by stimulating growth of neurons, facilitating cell proliferation in key brain areas such as hippocampus and showing rates of cell death.” (Jill M. Hooley, Matthew K. Kock, James N. Butcher)

References

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